

MAITLAND SHARED SUPPORT

FEB 5/2 - 9/2

MON	TUES	WED	THURS	FRI
Masterchef Mon Starting off the week healthy with honey chicken and rice. \$10 + opal card required	Art Day Explore a new culture with some Chinese New Year art. This year is the year of the dragon! \$5	Enviro-Hub Take an outdoor adventure - explore our local parks, walking tracks followed by a picnic lunch. FREE / Hub Bus / 10kms	Healthy Choice It's time for a workout session at the Community gym. Get your heart rate up! \$15 / 20kms / healthy lunch included	Friday Funday Birds, lizards, turtles, frogs, snakes. Hunter Wetlands is the perfect place to learn about some new animals. \$6 / 50kms

FEB 12/2 - 16/2

MON	TUES	WED	THURS	FRI
Masterchef Mon Is there anything better than beef nachos? \$10 + opal card required	Art Day Valentines Day Art - Work on something special to gift a loved on tomorrow. \$5	Enviro-Hub We have lots of goals for our Enviro-Hub Program this year. FREE / Hub Bus / 10kms	Healthy Choice Today we're headed to Rutherford Indoor Sports centre. \$15 / 20kms / healthy lunch included	Friday Funday Check out the latest flick on the big screen! (Hoyts) Movie TBA \$15 / 10kms

FEB 19/2 - 23/2

MON	TUES	WED	THURS	FRI
Masterchef Mon Today is burger day! Choose your toppings + sauce. \$10 + opal card required	Art Day What animals can you create out of paper plates? We can't wait to see! \$5	Enviro-Hub Take an outdoor adventure - explore our local parks, walking tracks followed by a picnic lunch. FREE / Hub Bus / 10kms	Healthy Choice Dive into the pool for our Shared Sharks program. \$15 / 20kms / healthy lunch included	Friday Funday Enjoy a beautiful day at Blackbutt reserve. Visit the animals, walk the trails, and enjoy lunch under the trees. FREE / 60kms

FEB 26/2 - 1/3

MON	TUES	WED	THURS	FRI
Masterchef Mon Whats on the menu today? Chicken pasta bake. \$10 + opal card required	Art Day Let your imagination run wild and create some scary monsters out of paper bags. \$5	Enviro-Hub It's time to cash in all our cans and bottles at the local return & earn. FREE / Hub Bus / 10kms	Healthy Choice Jump for the stars at Gravity X trampoline park! \$15 / 20kms / healthy lunch included	Friday Funday Join your mates for a friendly bowling competition at Dullboys Social. \$10 / 20kms

MAITLAND SHARED SUPPORT

Our programs are flexible and based around our participants needs, interests and goals. Weekly updates are sent via email to ensure you are always aware of any program changes.

We will help you to plan the perfect day!

PROGRAM TIMES:

9am - 3pm (Flexible arrangements are ALWAYS possible!
Contact your Liaison to plan your day)

COST:

“Support Time” costs will vary depending on booking numbers, with the per hour cost being based on 1:1 and 1:2 ratios. (These prices are reflected in the NDIS Price Guide.)
If a day has an extra cost eg. Friday Fun Day, we ask that this cost is paid in cash on arrival.
Cost of purchasing lunch is not included, except for Monday and Thursday or unless advised otherwise.

TRANSPORT:

Public transport is used where possible.
If it's not suitable to use public transport eg. due to weather or activity location - private staff/business vehicles will be used, with transport cost (97c in a carer vehicle and \$1.80 if a 4u Van is being used), to be split between all participants booked in for the day.

PLEASE REMEMBER TO BRING:

Water bottle, packed lunch (or money to buy), enclosed shoes, hat, sunscreen, opal card, companion card and positive vibes.

CHANGES TO PROGRAM:

Changes to program info will be notified via email.

