

WALLSEND SHARED SUPPORT

FEB 5/2 - 9/2

MON	TUES	WED	THURS	FRI
Masterchef Mon Spaghetti and meatballs on the menu today... Say no more! \$10 + opal card required	Art Day Explore a new culture with some Chinese New Year art. This year is the year of the dragon! \$5	Enviro-Hub Take an outdoor adventure - explore our local parks, walking tracks followed by a picnic lunch. FREE / Hub Bus / 10kms	Healthy Choice Dive into the pool for our Shared Sharks program. \$15 / 30kms / healthy lunch included	Friday Funday Trampolining, giant Airbags, basketball, ninja courses + so much more! Revolution has it all. \$16 / 20kms

FEB 12/2 - 16/2

MON	TUES	WED	THURS	FRI
Masterchef Mon National Pizza Day (aka the best day of the year) \$10 + opal card required	Art Day Valentines Day Art - Work on something special to gift a loved on tomorrow. \$5	Enviro-Hub We have lots of goals for our Enviro-Hub Program this year. FREE / Hub Bus / 10kms	Healthy Choice Jump for the stars in the All Ability Sports Program at Springloaded. \$15 / 30kms / healthy lunch included	Friday Funday Agriculture, cattle, food and local goods - check it all out at the Maitland Show! \$18 / 60kms

FEB 19/2 - 23/2

MON	TUES	WED	THURS	FRI
Masterchef Mon Full of goodness and flavour, on the menu is Hokkien noodle stirfry. \$10 + opal card required	Art Day Get your hands messy with some plaster paint today and get creative. \$5	Enviro-Hub Take an outdoor adventure - explore our local parks, walking tracks followed by a picnic lunch. FREE / Hub Bus / 10kms	Healthy Choice Dive into the pool for our Shared Sharks program. \$15 / 30kms / healthy lunch included	Friday Funday Join your mates for a friendly bowling competition at Dullboys Social. \$10 / 20kms

FEB 26/2 - 1/3

MON	TUES	WED	THURS	FRI
Masterchef Mon Ticking off our carbs and protein, let's make some pesto chicken pasta for lunch. \$10 + opal card required	Art Day Let your imagination run wild as your create anything of your choosing with air dry clay. \$5	Enviro-Hub It's time to cash in all our cans and bottles at the local return & earn. FREE / Hub Bus / 10kms	Healthy Choice It's time for a workout session at the Community gym. Get your heart rate up! \$15 / healthy lunch included	Friday Funday Hours of fun at the Newcastle show! Rides, prizes, show bags and food stalls. \$15 / 15kms

WALLSEND SHARED SUPPORT

Our programs are flexible and based around our participants needs, interests and goals. Weekly updates are sent via email to ensure you are always aware of any program changes.

We will help you to plan the perfect day!

PROGRAM TIMES:

9am - 3pm (Flexible arrangements are ALWAYS possible!
Contact your Liaison to plan your day)

COST:

“Support Time” costs will vary depending on booking numbers, with the per hour cost being based on 1:1 and 1:2 ratios. (These prices are reflected in the NDIS Price Guide.)
If a day has an extra cost eg. Friday Fun Day, we ask that this cost is paid in cash on arrival.
Cost of purchasing lunch is not included, except for Monday and Thursday or unless advised otherwise.

TRANSPORT:

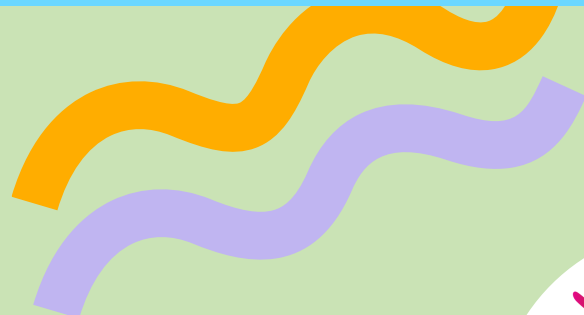
Public transport is used where possible.
If it's not suitable to use public transport eg. due to weather or activity location - private staff/business vehicles will be used, with transport cost (97c in a carer vehicle and \$1.80 if a 4u Van is being used), to be split between all participants booked in for the day.

PLEASE REMEMBER TO BRING:

Water bottle, packed lunch (or money to buy), enclosed shoes, hat, sunscreen, opal card, companion card and positive vibes.

CHANGES TO PROGRAM:

Changes to program info will be notified via email.



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